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### 02/10/1992 - EIU Graduate Receives Home Economics Award

University Marketing and Communications

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FOR IMMEDIATE RELEASE:

EASTERN GRADUATE RECEIVES HOME ECONOMICS AWARD

CHARLESTON, IL--Margaret Rewoldt Smith, of Guttenberg, Iowa, is the recipient of the School of Home Economics Outstanding Alumnus Award at Eastern Illinois University.

The School of Home Economics annually gives its Outstanding Alumnus Award to a home economics graduate who has been involved and contributed to the field of home economics or related fields at local, state, and national levels. Participation in community activities and service to others are also considered.

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HOME ECONOMICS AWARD

Smith received her bachelor's degree from Eastern in 1978 and master's from the University of Iowa. She currently is a consultant dietician to health care agencies, food companies and publishers, and the author of the book, "All American Low Fat Meals in Minutes."

She is president of the Upper Iowa Dietetic Association, media representative for the Iowa Dietetic Association, and nutrition consultant for the Des Moines Register.

She and her husband, Dr. Andrew C. Smith, have two children, Elizabeth and Frederic. Smith is the daughter of Frederic and Mary Rewoldt of Frederika, Iowa.